

# Ups and Downs Ideas Sheet

- 1. After I eat a snack, I look around for a garbage can to throw my wrapper away. *Good idea—up***  
*Picking up trash is a good idea. It keeps the place looking nice and neat.*
- 2. I am in a big hurry to get home. So instead of staying on the sidewalk, I run right through the neighbor's flowers! *Bad idea—down***  
*Running through the flowers will ruin them! They are a gift from God for everyone (and your neighbor) to enjoy.*
- 3. I check every day to be sure my dog gets fed. *Good idea—up***  
*It's important to take care of pets. God has given us that responsibility.*
- 4. I don't care about my dog's water; if everyone forgets, too bad for my dog! *Bad idea—down***  
*It's important to take care of pets. God has given us that responsibility.*
- 5. After we eat our picnic lunch, I clean up my trash and throw it away. *Good idea—up***  
*Picking up trash is a good idea. It keeps the place looking nice and neat.*
- 6. After school, I ate my snack. I couldn't find a garbage can, so I just threw the wrapper on the ground. *Bad idea—down***  
*Picking up trash is a good idea. It keeps the place looking nice and neat.*
- 7. Mom says I need to be sure to put the plastic bottles in the recycling bin. But I don't want to go to the garage. I throw them in the garbage instead. *Bad idea—down***  
*Recycling keeps the garbage dumps from getting too full, and the plastic can be re-used.*
- 8. I throw rocks at the birds to see if I can hit them. *Bad idea—down***  
*God has given us the responsibility to take care of animals and not be mean to them.*
- 9. I made a bird feeder in school to help feed the birds. *Good idea—up***  
*God has given us the responsibility to take care of animals and not be mean to them.*
- 10. I went to the park with my family. They had a park clean up day. We picked up trash and threw it away! *Good idea—up***  
*Picking up trash is a good idea. It keeps the place looking nice and neat.*
- 11. My mom asked me to water the flowers in the back. I got distracted and forgot. *Bad idea—down***  
*The flowers we plant are a gift from God! Taking care of them honors God and we can appreciate them because they are so beautiful.*